

# The Heart of the Matter

## A Source of information for the Church

### There I Will Be

“For where two or three are gathered together in my name,  
I am there in the midst of them.”

Matthew 18:20

Jim and Debi Pedersen took an unforgettable journey to Pitcairn in February of this year. It was a trip they had been anticipating for many years. Here is their story.

Our interest in Pitcairn Island began in Jim's childhood when he began collecting postage stamps, eventually focusing on gathering a complete collection of Pitcairn stamps. Plus, the Island's history with the Seventh-day Adventist Church shared through mission stories only added to the fascination. When Debi and Jim got married, she caught the Pitcairn “bug” too.

While pastoring in Oxnard, Calif. in the 1980's, Jim became acquainted with Eddie Pullen, an engineer at the Voice of Prophecy/Adventist Media Center. Eddie also was a Ham radio operator who was in weekly contact with Tom Christian, radio operator for Pitcairn. When pastoral duties took the Pedersens to Eagle Rock (Los Angeles), Eddie was the coordinator for an American tour by Tom and Betty Christian, in conjunction with their visit to the General Conference session that year. One of the stops on the tour was the Eagle Rock Church, and the Christian family (Tom, Betty and three of their girls) who were direct descendants of Fletcher Christian, stayed at Jim & Debi's home. One of the Eagle Rock members was H.M.S. Richards, Jr. who also was a Ham operator, and occasionally on a Friday night he would call Jim and say, “You want to talk to Pitcairn?” and he'd make the connection.

Other connections to Pitcairn came through Jim's work in the Northern California Conference. The SDA mission ship, Pitcairn, was built in Benicia and sailed from Oakland (both part of the current NCC territory) in 1890. Plus, the pre-eminent Pitcairn Study Center is located at Pacific Union College in Angwin, curated by Dr. Herb Ford, also one of Jim's friends.

In 2022, we learned of the possibility of a trip to Pitcairn on a ship called the Aranui 5, based out of Tahiti. The ship – half passenger, half freighter – visits many small South Pacific islands, and occasionally includes Pitcairn Island on their itinerary. We booked our trip for February 2024. (It turned out that this was the final sailing of this ship to Pitcairn, as a new ship has been commissioned but won't be available for a couple of years.) The Aranui 5 had around 135 passengers plus crew and made stops at several small islands/atolls on the way to and from Pitcairn. Most of the passengers on board had booked this trip purely because of the Pitcairn destination. As far as we could tell, we were the only Seventh-day Adventists on the ship.



We arrived at Pitcairn early morning, and it was an incredible sight to be able to go up on the ship's bridge and catch our first glimpse of the island – just a speck in the distance. The closer we got, the more we recognized the island's shape and soon the ship was anchored off Bounty Bay. The weather was clear, the sea was relatively calm. The island's Immigration Officer/Police Chief, Brenda Christian, came on board to collect and stamp our passports. She returned to the island, changed into her "island clothes" and led some of the walking tours.

The *Aranui 5* used "barges" (small boats that looked like WW2 landing crafts) to convey passengers from the ship to the island. (It was more efficient to use these boats rather than the island's traditional longboats.) By around 9:00 AM we were headed to the island. The current population is around 36 people.

Sailing into Bounty Bay and seeing the sign "Welcome to Bounty Bay – Pitcairn Island – Home of the Descendants of the Bounty Mutineers" hanging over the longboat shed was a thrill! Getting from Bounty Bay up to the Adamstown community involved traversing a steep road called the Hill of Difficulty – well named! However, most people took

advantage of the motorized quads that made the journey quite efficient.

Arriving at Adamstown, the first main building is a quite new multi-purpose facility that included the Post Office, Treasurer's Office and grocery store. Out front, tables were set up where some of the locals were selling their souvenirs of various kinds (hats, t-shirts, stamps, honey, carvings, etc.). The grocery store was not open to the passengers, since the locals needed the merchandise, and they were actually quite low on many of the items since the supply ship comes only four times per year. There is solar power on the island (provided free to many of the small islands by a wealthy entrepreneur). There is also satellite internet available for the residents.

A short walk up the road led us to the community square around which are located the Seventh-day Adventist Church (the only church on the island), the Secretary's office and the Community Hall. The Bounty Anchor is displayed in the square, along with one of the ship's cannons. It was here in the square where lunch was served. Food was brought from the ship, plus the islanders provided some fresh fruits and breads, etc. Passengers and islanders ate together.

We chose to take a quad tour of the entire island, driven by the daughter of the Police Chief. Keep in mind, the island is basically about a mile wide and two miles long, but it is definitely not flat! This tour took us to most of the spots on the island over about a two-hour period. We were able to see and experience things like the Ship's Landing Point lookout including looking down on St. Paul's Pool (where islanders swim, and even get baptized!), the island's highest point, viewing (from afar) Fletcher Christian's Cave, sports field, islander's homes, sugar cane mill, etc.

After lunch, the walking tour took us into the Adventist church, which is a very nice, typical small church. There is no pastor currently,







and there was some smiling inquiry about whether or not I might consider coming back and serving! In the past, the pastor and wife (who had to be a nurse) would sign up for a two-year stint. But now, there is a medical officer who typically comes from New Zealand, so a pastor can stay as long (or short) as he/she might be available. There is a “missionary house” provided for the pastor. Since there is no pastor right now, the members (who include maybe half of the current population) watch videos from Hope Channel, etc. At the back of the church, above the inside entrance, is a hand painted sign with a picture of Pitcairn Island with a view of Fletcher Christian’s Cave and the words “THE LORD IS MY ROCK AND MY

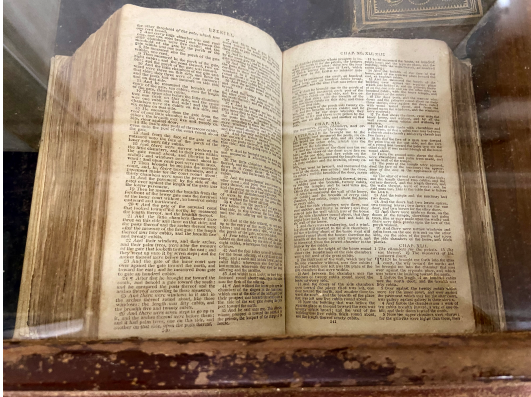
FORTRESS. Ps. 18:2” – very appropriate.

On the walking tour, led by Brenda Christian, we were taken through a number of the little roads around the village, stopping at one or two of the homes, and chatting with residents. We saw the medical clinic (quite modern), the jail (not currently in use!), as well as some artifacts such as another cannon and the bell from the Bounty that were displayed in people’s yards.

One of the most moving things was the grave of John Adams, the last surviving mutineer, who was responsible for turning the survivors to the Christian faith by using the Bounty Bible as a way to teach them English, and to instill values into their society. (All of the mutineer men, except for two, died either by murder, intoxication or suicide.) We also visited the main cemetery where we saw the grave of our friend Tom Christian, along with others. The words “In Hope” were carved on many of the headstones.



After our tour, we visited the island’s museum which is quite extensive. There are many pieces of remnants from the Bounty, some of the old equipment such as their unique wheelbarrow, art and crafts that celebrate their history, etc. The centerpiece, at least for us, was seeing the Bounty Bible. It was removed from the island a number of years ago and ended up in a collection at the Connecticut Historical Society. It was ultimately sent to London where it was restored and rebound, and then returned to the island in 1950.



The rest of the afternoon was spent talking with islanders, looking at the wares for sale, and poking around the Adamstown area. We stayed until the last barge departed for our ship. A special dinner was prepared and served on the deck of our ship to all the passengers as well as islanders who had been invited to join the occasion. Overnight, for us, was onboard the ship.

The next morning, we returned by barge to Pitcairn where we could spend a bit more time exploring, visiting, “shopping,” and any other last-minute things. As part of our visit, we had brought some gifts for the islanders – some ADRA backpacks and key chains, as well as some individually wrapped chocolates from California (See’s and Ghirardelli) plus some hand-crocheted items by Debi – these were presented to the Vice Mayor for distribution to the islanders.

Our visit ended by noon, and we were on the last barge off the island. The oldest resident of the island – Royal Warren (age 96) – came down to the dock to send us all off on our journey. It was a moving experience to see so many of the islanders waving goodbye. It was an emotional trip, giving us a first-hand look at this remote and isolated spot filled with so much maritime history, as well as connections to the Seventh-day Adventist Church.

**Brief Overview of Pitcairn Island History**

July 1767 – First known sighting of the island by Europeans on the HMS Swallow – island was named Pitcairn in honor of the midshipman who spotted it – but, the location was mis-marked on the map.

Dec. 1787 – HMAV Bounty sailed from England bound for Tahiti to collect breadfruit for slaves in the West Indies. The captain was William Bligh.

1788 – Fletcher Christian promoted to Acting second Lieutenant on the Bounty.

1789 – Bounty arrives in Tahiti, stays for 5 ½ months before heading to the West Indies.

28 April 1789 – “Mutiny on the Bounty” occurs, Fletcher Christian takes over the ship. Captain Bligh and 18 men set adrift in an open boat (they survive).

Jan. 1790 – Bounty finally sights Pitcairn, after a search for the mis-marked island.

23 Jan. 1790 – Bounty is set ablaze and sinks in Bounty Bay.

1808 – Mutineers discovered by an American vessel.

1886 – Islanders convert to Seventh-day Adventist faith, after a visit by missionary John Tay.

1890 – SDA Mission Ship, “Pitcairn”, sails from Oakland, CA

**OUR MISSION STATEMENT**

Filled With The Holy Spirit,  
Discipling,  
Baptizing,  
Teaching, With Love,  
Preparing All For Jesus' Return

**OUR VISION STATEMENT**

To Know Jesus  
To Share Jesus  
To Follow Jesus  
Changing Lives Today  
And For Eternity

**You are invited to lift your heart in group prayer to our Heavenly Father**

**Daily Sunrise Prayer Times**

**Sundays, 7-7:30 a.m.** at the Ukiah Junior Academy school library via the parking lot door by the gym stairwell.

**Weekdays, 6-6:30 a.m.** at Adventist Health Ukiah Valley's main conference room.

**Sabbaths, 9-9:30 a.m.** at the church Chapel.

**The Glenn Miller Memorial Golf Tournament**

The date for the eleventh annual Glenn Miller Memorial Golf Tournament is **Friday, September 20, 2023**. This takes place at the Ukiah Valley Golf Course with registration beginning at 7:00 a.m. and a shotgun start at 8:00 a.m. There will be teams at all 18 holes and they will play until 1:00 p.m. followed by an awards ceremony and a lunch put on by the Savings Bank of Mendocino County. This is in memory of Dr. Glenn Miller, who personally helped many students attend Ukiah Junior Academy. One hundred percent of the money that comes from this fundraiser goes to assist families who want their children to attend Ukiah Junior Academy, but cannot afford the tuition.

**Please prayerfully consider how you would like to support this major event.**

Steve Miller, the son of the late Dr. Glenn Miller, works on this tournament year round. He visits businesses and people throughout the community, many of whom knew his Dad. Also, because of his ambassadorial commitment, he acquaints new people every year with UJA and this fundraiser, who would not otherwise know about the school. When you see him, be sure to thank him for his passion and commitment.



## Youth Sabbath

The upper grades at UJA were invited to have another Youth Sabbath and they decided they wanted to plan the entire worship service for May 11, Mother's Day weekend. They asked Micah Nelson to bring a group of his friends from Rio Lindo to lead the congregation with wonderful praise songs, and they honored their "old" friend David Anderson, by asking him to have the morning prayer.

The rest of the service was interspersed with Scripture readings by Elias Kurtz, Brayden King, Gideon Kurtz, Maggie Harper, Rachel Williams, and Sam Kuntz that were selected for other young people to share lessons about women from the Bible: Samantha Ahumada-Garcia talked about Ruth, who was diligent and loyal; Kyler King talked about Mary of Bethany, who "chose the better"; Logan Kurtz talked about Jehosheba, who acted on the truth of the Lord; Ethan Harper talked about Jochebed, whose name in Hebrew means "Yahweh is glory"; Caleb Williams talked about Esther, who used God's blessings given to her to influence others for good; and Nathan Kuntz talked about Hannah, who was a woman of prayer with a lot of faith. Each of the speakers included something personal about their own mother in their sermonette.

Klayten Zinn introduced the presenting of roses to all the mothers and Nathan Kuntz had the benediction.

It was a tremendous inspiration for all who attended that day! The future of our youth is promising and bright as they grasp leadership experiences. They are giving powerful testimonies by the choices they are making! We are surely thankful for each one!

By Donna Faye Anderson



Speakers for Youth Sabbath  
Top left to right: Samantha Ahumada-Garcia, Kyler King, Logan Kurtz, Ethan Harper, Lower: L to R Caleb Williams, Nathan Kuntz, Klayten Zinn  
Photos taken by ALLISON KURTZ

## 9th & 10th Grade Mission Trip Fundraiser for Kenya 2025

### STAR'S RESTAURANT

TUESDAY, JUNE 4 @ 2PM - 10PM  
115 S ORCHARD AVE., UKIAH CA 95482  
707-462-1622

STAR'S RESTAURANT WILL GIVE 20 % OF EACH CHECK TOWARDS NEXT YEAR'S MISSION TRIP TO KENYA. THIS IS A GREAT WAY TO SUPPORT OUR STUDENTS WHO WILL BE BUILDING A DORMITORY FOR THEIR STUDENTS WHO ARE SLEEPING THREE TO A BED.

PLEASE LET THE FINE EMPLOYEES OF STAR'S RESTAURANT COOK FOR YOU AND YOUR FAMILY NEXT TUESDAY.  
JUST MENTION TO THEM THAT YOU ARE SUPPORTING UJA.  
20% OF YOUR BILL SUPPORTS THE STUDENTS!  
IT'S AS SIMPLE AS THAT!



### Global Community

The high-school students community service as part helped at various including the Ford Street Service Center, and for community members. Now community service global!

I believe in helping others and expanding one's world view while experiencing new cultures. We were in the beginning stages of research and planning an international trip for UJA when I learned that Pastor Eddie Heinrich, the Youth and Pathfinder Director for the Northern California Conference, in coordination with Maranatha, is planning a mission trip to Kenya, Project Kimora. We are planning to join this trip along with youth from across the conference.

Project Kimora is open to 75 participants (youth and high-school students). We will be building a girl's dorm for the students there. Currently the girls are sleeping three to a bed. The new accommodations will allow them to have their own personal space.

When it was announced to the high-school students that we would have an international mission trip, excitement was palpable! The cost for the trip is \$2500-\$2800. per person, so we have a lot of work to do gathering funds. We are planning several fundraisers, including car washes over the summer, letter writing, and a banquet in the fall. The trip will be the last two weeks of March 2025 during our spring break. All nine of next year's high-school students are interested in going on this amazing trip. Additionally, both of our "graduating" 10th graders, Klayten Zinn and Logan Kurtz, are interested in joining us!

If you have questions about Project Kimora, please see Dan Kuntz. If you have fundraising ideas or would like to donate to the mission trip, please contact Dan Kuntz, Rick Nelson, or Heidi Veness. This trip is truly a once-in-a-lifetime opportunity and we can't wait to see how God leads throughout the process.

**Service:** By Dan Kuntz of UJA have been doing of their Bible class. We have sites throughout the year, Food Bank, the Community various church and we are taking our



**An End. . .And a Beginning**

By Rick Nelson

This is it! This is the last week of school for the 2023-2024 school year. It has been an honor to be a part of your children's lives this year. As we wrap up this year and begin our planning for the next, I want to share with you some of the changes that will be happening over the summer and into the next school year.

**Teaching Changes**

As you know, Mr. Moravetz will be leaving UJA next year and will begin his new job at Rio Lindo Adventist Academy as a Bible teacher and assistant boys' dean. It has been a journey looking for a Grades 7-8 Homeroom teacher these last few months. As we have been praying for the right person, God has closed a number of doors and opened one. Ashlin Chamberlain has accepted our offer and will be the new Grades 7-8 homeroom teacher next year.

Mrs. Chamberlain, the daughter of our Kindergarten teacher, Mrs. Olivera, has lived her entire life in the Ukiah Valley and attended UJA from Kindergarten through the 10th. grade, finishing her junior and senior high-school years at Rio Lindo Adventist Academy. She graduated from Pacific Union College in Napa Valley with a Bachelor's Degree in Biology in 2023. She has at various times, during her college years, worked as our After-School Care Coordinator and has substituted in several classrooms. She has strong ties to the community and loves this school!

We are all excited for Mrs. Kablanow, as she and her husband await the arrival of their first child (due date of June 19)! Mrs. Kablanow will be taking an extended maternity leave at the beginning of next school year until at least through Thanksgiving.

We are happy to be able to accommodate her, as she spends much-needed time with their new infant. Our very own retired teacher, Beth Garibaldi, will be the long-term substitute in that room. Mrs. Kablanow plans on teaching in the classroom on Wednesdays to help with organizing, planning, and grading. We are so thankful that we have the resources to be able to make this happen for her, while still having an experienced teacher in the classroom.

**Facilities Changes**

Next week, our current outdoor basketball court will be broken up and removed. I want to thank Dustin Chernoh for organizing the volunteers who will be making this happen. Over the course of June and July, we will be putting in a new outdoor basketball court with new basketball standards. We will be looking for potential volunteers who can help with the striping of the court. Also, starting next week, we will be installing solar panels on the roof of the gym.

It has been a great year and I want to thank you all for helping to make that happen. I look forward to seeing so many of you again next year. God bless.

**Happy Father's Day - June 16 - Honor the "father" figures in your life.**

Here's a quote from Mrs. White from *The Signs of the Times*, December 6, 1877:

"Upon returning home from his business, he should find it a pleasant change to spend some time with his children. He may take them into the garden, and show them the opening buds, and the varied tints of the blooming flowers. Through such mediums he may give them the most important lessons concerning the Creator, by opening before them the great book of nature, where the love of God is expressed in every tree, and flower, and blade of grass. He may impress upon their minds the fact that if God cares so much for the trees and flowers, He will care much more for the creatures formed in His image. He may lead them early to understand that God wants children to be lovely, not with artificial adornment, but with beauty of character, the charms of kindness and affection, which will make their hearts bound with joy and happiness. . . Fathers, the golden hours which you might spend in getting a thorough knowledge of the temperament and character of your children, and the best methods of dealing with their young minds, are precious."



**“HELP BAND” MINISTRY**

BY JEANINE KABLANOW

“And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.” Matt. 4:23

“The followers of Christ are to labor as He did. We are to feed the hungry, clothe the naked, and comfort the suffering and afflicted. We are to minister to the despairing, and inspire hope in the hopeless.”

Desire of Ages, page 350.

What an awesome privilege we have to join with our Lord in ministering to those who are in need, and who do not know Him. You can be part of this ministry. There is a group from the Ukiah and Hopland churches who go out in the community every Sunday at 2pm. If some cannot go on Sunday, they go another day of the week when possible. We take a survey to each door, and ask if those we meet have any needs or are interested in studying the Bible. When we find someone who expresses a need, we help them with that need. If they are interested in Bible study, we find and introduce them to someone from the churches who will study with them. We are having wonderful experiences which we will be sharing with you month to month.

As my husband and I went to the homes in a certain community, we found a woman who is raising her children alone: an 18-year-old son and twins that are 7 years old. She works 40 hours a week and her older son works nights to keep food on the table. She is in need of new windows in her home, because the windows she has do not keep out heat or cold. She also expressed an interest in having a garden and taking Bible studies, and she was dealing with depression. We noticed that the inside of her home was dark and depressing, and there were no plants or pretty curtains in her home. The next week, we introduced her to a woman from the church who is now studying with her. Then, many of us joined together and made a garden bed for her, complete with soil, plants and an automatic sprinkler system. One of our members brought her a small table, lamps, throw pillows, a throw rug and a plant for the living room. Another donated an easy chair (which the children love), and several of us helped her paint the inside of the living room and hang new curtains, which totally brightened up her house. She had mentioned that she would like to know more about diabetes, so Dr. John Torquato (from Washington state) talked with her for several hours about diabetes and depression, while the rest of us were making her garden. We are still working on getting windows, but she is happy and feeling loved and is now going to a series of evangelistic meetings at the Spanish church. She wants to join our help band and help others as she has been helped. And, she is a wonderful new friend and sister in Christ.

If you are interested in joining the “Help Band”, talk with Andrew Tremper, and come join us.

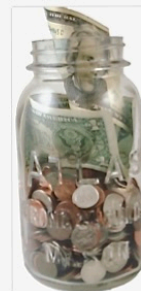


“FARM STEW has given me a hook rather than a fish!”

**Children’s Change Jars**

Now is the time to start building change jars to be collected in July 2024 for Farm Stew. The money is used to feed the poor, vulnerable, starving people in developing countries around the world.

Ps. 41:1-3



Remember: - Farm Stew Coins to be gathered in your jars now and turned in during July. These coins and \$\$\$ are used to help people learn to grow their own gardens and to feed their children. I’ll be looking for your change jars! Dave



**Noble Keola Capps III**  
 Graduating Rio Lindo Adventist  
 Academy  
 June 2, 2024

PHOTOGRAPHER UNKNOWN

### **Community Service Building**

The original roof of the Community Service building needs to be replaced. A bid from Mendocino Gutter has been accepted for \$31,330.00, but we still need about \$10,000.00 to reach that price.

**Don't look for a July issue of The Heart of the Matter. The Andersons will be on a camp meeting and book promotion tour all the way to Nashville and back.**

### **Noble Capps III Graduates**

By Georgine Hultz

Noble Keola Capps III is planning to graduate from Rio Lindo Adventist Academy June 2, 2024. He attended Ukiah Junior Academy for grades 7-10.

The bond between Noble and his father, also named Noble, was very strong. His father loved him and was the integral part of his young life. His father was a proud Hawaiian and hoped to share his heritage with his son. Alas, he passed away before they could travel back to Hawaii together. He brought young Noble up with a strong understanding of his God and the Bible.

The very young Noble was a small guy, filled with bursts of energy and curiosity. Now he has surprised everyone with not only his tallness, but his gentle spirit, perseverance, and team support.

While academia and test taking might not have always been the high points, his teamwork on and off the field, court, and in the classroom shine bright in the memories of his friends. He is grateful for kind, caring, and knowledgeable teachers who worked diligently with him year after year.

Noble is a nice guy looking to see what his future holds. Thank you to Adventist Christian School of Willits, the Willits SDA Church, Ukiah Junior Academy, and the Ukiah SDA Church for being there for him during his time in school. There are many who have given advice and supported his choices that stand in the background of his life. As he continues, please pray for his future and may we all encourage him to meet us at the feet of Jesus.



## Health—God's Way

Ever since the fall of Adam and Eve, Satan has been working hard to make people believe that they need to eat and drink many things that actually hurt their health. Hurting their health gave them less moral power to do right and lessened their connection with God. Satan's goal has been largely realized in the decline in health and moral decline we see in the world today.

The founders of the Seventh-day Adventist church in the 1850s and '60s had many health problems that hindered their work. So in 1863, 160 years ago, God gave Ellen White a 45-minute vision outlining what He asked his people to do about health. Forty-five minutes doesn't sound like much, but God isn't dependent on time to transmit a massive amount of information. God's messenger, Ellen White, wrote hundreds of pages over many years describing God's will on health from that vision and others.

Among many other things, such as pure water, pure air, sunlight, and exercise, the most important thing God told us is that He wants us to return to the original diet He created for us at the beginning. This is the diet He created our bodies to thrive on. Our diet is to consist of a wide variety of the things that grow from the earth in the most natural condition possible: Whole vegetables, whole fruits, whole grains, beans, peas, lentils, nuts, seeds, potatoes, sweet potatoes, etc. The list is endless.

The things to avoid, as we prepare to meet Jesus in the clouds of heaven, are flesh meats, all animal products, and the things mankind has manufactured: things like sugar, which is highly concentrated from plant sources. It tastes great, but is addictive and hurts and inflames our bodies. Another food to avoid is grains that have been impoverished by a manufacturing process, such as white flour. Just because something is labeled "vegan" does not mean it is healthy. There are a lot of vegan junk foods such as: any oil that becomes solid at room temperature, like coconut or palm oil. They are saturated fats. The seed oils, such as corn, cottonseed, safflower, and sunflower, are too high in omega-6 fats. They cause inflammation in our bodies. It is best to minimize all oils in our diet.

So how are Seventh-day Adventists doing in following God's directions? Two massive Adventist health studies run by Loma Linda University have described Adventist practice and the results. A few years ago a researcher working with the study told a group of us pastors some of the results of the scientific study in broad strokes. The results show that Adventists at different levels of adherence to God's plan, have varied results:

Those who follow some of the guidelines but eat a little meat, live an average of 8 years longer than the general public.

Lacto-ovo vegetarians, eating eggs, milk and cheese, live 10 years longer than the general public.

Adventists, who eat no animal products, live 12 years longer than the general public.

Those are amazing results! However, we still have a long way to go to truly follow God's original diet. For the best health, we shouldn't consult the Adventist traditional diet. But instead, we should think through God's original plan as He gave it. More important than lifespan is that those following God's directions have a much more satisfactory quality of life. We don't have to fear the chronic diseases that drag down Americans' last years until we die. The idea is to live well until death puts us to sleep or until Jesus returns.

One last note: Because of our modern clean, antiseptic lifestyle, vegetarians are almost all deficient in vitamin B12. This can cause many serious problems, such as a type of dementia. It is imperative that we supplement daily or weekly with B12. The best is a small, sublingual tablet. A greater dose is needed as we age.

May God give us the will to follow all He asks us to do. He will supply the courage, the wisdom and power that we need in order to follow His will. He will add His powerful blessing to the natural result of following His directions. God's blessing is of inestimable worth. He wishes us all the happiest, healthiest life of close communion with Him as we prepare to step into eternity with Him.

By Pastor Mike Wilson

*To God be the Glory!*

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